



Rhydri Primary School

Policy on Sex and Relationships Education (SRE)

(This policy should be read in conjunction with the Child Protection, Safeguarding, E-Safety, PSE, and Science policies.)

Written in reference to Welsh Government Circular (019/2010)

Aims and Objectives

Sex and Relationship Education (SRE) is a critical part of the school's PSE programme, building on the skills, attitudes and knowledge that have been acquired since reception.

The aims of the SRE programme are to enable all pupils to:

- develop confidence in talking, listening and thinking about feelings and relationships,
- be able to name parts of the body and describe how their bodies work,
- feel prepared for puberty,
- develop the ability to make informed choices and minimise risk
- to understand that the life process of humans includes growth and reproduction, to recognise the pressures of unwanted physical contact,
- know how to protect themselves and ask for help and support.

Parents have the right to withdraw children from "sex education" lessons, which fall outside of those aspects covered in the National Curriculum Science, as stipulated in Section 405 of the Education Act 1996.

Curriculum

The SRE curriculum has been planned and led by the PSHE co-ordinator. Welsh government guidelines for SRE have been followed, as well as advice from the Healthy School Team. The SRE curriculum is shared with the parents in the school brochure. In addition, parents are invited to attend curriculum meetings on the SRE programme when their children are in Year 5 and 6.

The teaching methods for SRE include:

- class discussion and pupil brainstorming of the issues,
- videos, worksheets and teacher/pupil reflection,
- sessions led by specialist practitioners (where possible),

- some single sex work may take place when discussing changes during puberty.
The programme for SRE is as follows:

Year 3: Relationships; Exploring family structures.

Year 4: Vocabulary for male and female genitalia; Appropriate and inappropriate touching.

Year 5: Changes during puberty; Hormones; Feelings caused by puberty.

Year 6: Male and female reproductive organs; Conception; Birth; changing responsibilities.

Specific sexual health issues

Everyone has their right to their own opinions and views, and SRE is taught without bias. Topics are presented in a way that considers all viewpoints, so pupils are able to form their own opinions, and also encouraged to respect others. Lessons are always taught in third person - some people, etc. to prevent stigmatisation of any group of people. Question boxes are used within SRE lessons, allowing pupils to anonymously ask questions. Sometimes an individual child may ask an explicit or inappropriate question. These questions do not have to be answered, and will be addressed at a later time, or be directed to parents.

Confidentiality

Pupils' confidentiality is respected throughout SRE lessons, and it is made clear to pupils that anything disclosed during SRE sessions will not be repeated unless it is felt that a person may be at risk or harm. Any concerns that arise regarding child protection will be reported to the headmaster immediately, who will take the appropriate course of action to ensure the safety and well-being of those involved.

Language

Correct terminology for all body parts and functions will always be used during SRE sessions.

Conclusion

Parents are consulted and informed about what is taught in SRE Lessons through curriculum meetings. Parents are informed of their right to withdraw their child from some SRE lessons.

Policy reviewed by
Jacqui Curtis
June 2016

To be reviewed March 2019

Signed by Chair of Governors

Judith Wright Rees
